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# Key reminders for good practice at drying off

Michelle McGrath, CellCheck Programme Manager

hether you are using antibiotic dry cow tubes, internal teat sealant or both, hygienic administration is essential to prevent bacteria entering the quarter and causing infection. Remember, meticulous hygiene is what will prevent new infections, and what happens at drying off this year will influence the incidence of new mastitis infections next year. It is important when identifying cows for selective dry cow therapy that you get veterinary advice to help select the cows that are suitable. When using teat seal only, the antibiotic is no longer present to protect the cows against poor hygiene at drying off. Outlined below is a reminder of the key steps that need to be followed at drying off and and the care that needs to be taken to ensure this task is done properly. We need to change how we view drying off cows from 'just drying off a few cows' to 'a highly important job that needs to be done with the utmost of care'.

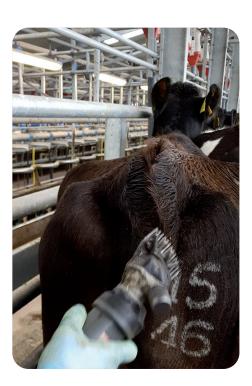
# **Preparation** is key

**Clip tails** in the days beforehand, so that things are as clean as possible on the day of drying off.

**Plan for the time** and labour that treatment takes - more than one person is usually needed to do the job well.

**Have everything ready** in the parlour before you start:

- » Cow markers.
- » Disposable gloves.
- » 70% alcohol (i.e. surgical spirits) and cotton balls, or disinfecting teat wipes.
- » Tubes of dry cow antibiotic and/or internal teat sealant.
- » Good source of light, such as a head torch.
- » Paper towel.



Don't dry off cows during milking - draft them off and bring them back into a clean parlour, and after you have had a good breakfast! Don't be afraid to postpone if the weather is wet on the day you had planned to dry off - it is very hard to be hygienic when tails and udders are wet.



**Clearly mark** the cows for treatment before you start, to avoid any mistakes later.

#### Sterilise the teat ends

- » If the teats are muddy, clean and dry them thoroughly.
- » Wash your arms and hands with soap, drying with a disposable towel, before putting on clean gloves.
- » Sterilise the teat ends by vigorously rubbing the teat opening with a teat wipe or cotton ball and 70% alcohol for at least ten seconds. Repeat as necessary until no more dirt is seen on the wipe or cotton ball.
- » To avoid brushing against the sterilised teats with your arms, sterilise the two teats furthest away first (front teats) and then the two closest (rear teats).
- » Administer the tubes in reverse i.e. treat the two teats closest to you first, followed by the two furthest away.
- » Alternatively, one teat can be sterilised and treated at a time, starting with front teats. This may be more practical if more than one tube is being infused into each quarter e.g. antibiotic and teat sealant. Use a standardised order e.g. front left, then clockwise around the udder.

#### **Tube administration**

- » Remove the cap of the tube and, without touching its tip with your hand, gently insert the nozzle into the teat canal.
- » Massage dry cow antibiotic up into the quarter- DO NOT massage the teat sealant! Teat sealant must remain within the bottom part of the teat to create an effective barrier. When infusing the teat sealant, gently pinch the base of the teat closed (where the teat meets the udder) to ensure the teat sealant stays in the teat cistern.
- » If dry cow antibiotic and teat sealant are being used together, repeat the teat sterilisation step in between and make sure the teat sealant goes in last.
- » Ensure your forearms and gloved hands are cleaned in between treating the cows, and if gloves are damaged, get a new pair.









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### Thoroughly teat dip or teat spray teats after tubing

- » Record cow ID, date and details of product(s) used.
- » Keep cows standing in a clean area for the first two hours after drying off, until teat ends have closed and the risk of bacteria gaining access to the quarter has reduced.
- » Keep cows in a **dry and clean environment** after drying off and **check them daily at least once** for any signs of swollen quarters or illness. Although putting cows outdoors on a dry clean paddock post drying off may reduce infection pressures, they will still need to be monitored closely for any signs of infection or illness, particularly in wet weather.

Do not immerse individual tubes in water. If tubes need to be warmed, place the bucket of tubes in a bucket of warm water, or keep the tubes in a warm room prior to use or in an inside pocket.

If the end of a tube is contaminated at any time i.e. touches anything apart from the teat end, discard it and use a new one.

If you want to dry off the last cow as well as you did the first cow, do not dry off more than **20 cows per person** in one day.

For **more information**, see CellCheck Farm Guidelines 16-18, and Management Notes D & E and FAQ leaflet on answers to common problems at drying off.







